

## Snowshoeing Equipment & Clothing List

- Snowshoes (provided if ordered at time of registration)
- 1 or 2 ski poles (optional)
- Hiking boots (leather preferable for warmth and dryness)
- Socks
- 1 pair polypropylene or similar
- 1 pair wool
- Long underwear –preferably wicking type or light wool (no cotton)
- Pants –wool or synthetic (no cotton or jeans)
- Light shirt, wool or synthetic
- Sweater or fleece
- Windbreaker: layers, Gore-Tex, etc.
- Toque or warm hat to cover ears
- Mitts or gloves (1 extra pair). Mitts are warmer if weather is very cold
- Day pack –pack items in plastic bag inside to keep dry
- Lunch
- Hot thermos drink
- Water bottle –fill with hot water and cover with wool sock to prevent freezing
- Sunglasses

**OPTIONAL:** Gaiters, camera, chapstick, sunscreen

You won't believe all the things you can do!